



**EMPOWERMENT:**  
Enhanced capacity of individuals or groups to make choices and to transform those choices into desired actions and outcomes.

**OCTOBER 13th/14th**  
**DoubleTree Riverside Hotel**  
**Boise, Idaho**

# our CONFERENCE AT-A-GLANCE:\*

\* Sessions and Speakers may be subject to change. Please refer to our website for the most updated schedule: [www.IdahoPCHS.com](http://www.IdahoPCHS.com)

**THURSDAY, OCT. 13TH: 9:00am - 10:45am Opening Remarks and Keynote: "And How Did We Get Here?" Dan Baker, Ph.D.**

	<b>A. Mental Health</b>	<b>B. Supervision/Leadership</b>	<b>C. Professional/Personal Growth</b>	<b>D. Direct Support: Children</b>	<b>E. Direct Support: Teens</b>	<b>F. Direct Support: Adults</b>	<b>G. Parents</b>	<b>H. Self Advocacy</b>	<b>I. Employment</b>
<b>Session #1</b> 11:00 am - 12:15 pm <b>Lunch</b> 12:15-1:30pm (provided)	<b>A-1: Youth with the Dual Diagnoses of IDD and Mental Illness, Dan Baker, Ph.D.</b> Understand how mental illness and developmental disabilities can interact to make it difficult to support youth with these dual diagnoses.	<b>B-1: Creative Collaboration, Kathie Snow</b> When disability and non-disability organizations collaborate, extraordinary outcomes are possible!	<b>C-1: Get Ready Now! Emergency Preparedness, Jackie Frey</b> Learn how to have resources in place at the home or workplace, during an incident or disaster in a community.	<b>D-1: Together in Music: Techniques for using Music in Therapy, Kerry Leavell, MA, MT-BC &amp; Stephanie Leavell, MT-BC</b> Develop participant's musical strengths into skills that can be used for more specific therapeutic purposes.	<b>E-1: Boys Will Be Men: Road to Recovery, Dennis Morrow, M.A.Ed., MBA</b> A unique gender-specific, evidenced-based training focused exclusively on high-risk boys.	<b>F-1: Transition Age Planning, Char Quade, J.D.</b> Learn the steps involved in transitioning from children's services to adult services and the adult processes such as Guardianship, Special Ed. Transition Planning, Medicaid, Social Security, etc.	<b>G-1: Sex is Natural: The Role of Sexuality in the Lives of People with Developmental Disabilities, Trina Balanoff, M.S.</b> What sexuality is, why discuss it, the role of sexuality, what attitudinal barriers exist and teaching the abstract ideas of sexuality.	<b>H-1: What is the Self-Advocacy Leadership Network? SALN Member.</b> Learn how SALN advances equality through growth, education, and advocacy by providing opportunities so individuals with disabilities may achieve their greatest unique potential.	<b>All-Day Presentation: I-1/I-2/I-3: Advanced Selling Skills for Job Developers, Allen Anderson, M.A.</b> Starts from a premise that the job developers attending are experienced and already have sufficient selling skills to get jobs for candidates with visible employment barriers. The focus is an introduction to advanced and more higher level selling techniques. This presentation is interactive and will address selling challenges presented by the audience.
<b>LUNCHEON/SPONSOR PRESENTATION</b>									
<b>Session #2</b> 1:30 pm - 2:45 pm	<b>A-2: The Power of Positive Purpose, Carmen Babb, MA, CADC</b> Turn the negative failures into positive purpose, resulting in personal power.	<b>Two-Session Presentation: B-2/B-3: Managing and Surviving Organizational Changes, Dennis Morrow, M.A.Ed., MBA</b> Designed for employees, managers, and leaders of organizations facing conflict resulting from any type of internal change.	<b>C-2: Create Synergy with Style, Substance, and Words, Kathie Snow</b> Embrace improved communication; eliminate frustration, fear, misunderstanding, anger, and other barriers.	<b>D-2: Connecting the Disconnected and Unmotivated Student, Robyn Legaretta-Edwards, M.A.</b> Strategies and interventions for students who have disengaged from his/her learning environment.	<b>E-2: Empowering Individuals with ASD... Whitney, Psy, D./Fish, M.Ed.</b> Info on the characteristics of ASD, recognizing "red flags", home and school supports, and transitions and teaching "life skills" for adults with ASD.	<b>F-2: Confidence, Relationships, and Music, Matthew Jordan &amp; David Brown</b> The power of music can be focused toward achieving specific outcomes such as initiating and enjoying interaction with others.	<b>G-2: The Art of Collaboration in the Development of a Legal IEP, Char Quade, J.D.</b> Learn about student rights, parental rights, district duties and the Professional's role(s).	<b>H-2: Preparing Youth and Adults with ASDs for Work, Dan Baker, Ph.D.</b> Strategies to assist youth and adults with disabilities to prepare for and enjoy successful, community-based, productive lives.	
<b>Session #3</b> 3:00 pm - 4:15 pm	<b>A-3: Supporting the Female Adolescent with Bipolar Disorder and Autism Within a Family Therapy Perspective, Tyler Whitney, Psy, D. and J. John Andersen, MS</b>		<b>C-3: Empowerment from the Inside Out, Rebecca Evans</b> Techniques, trainings and tools to assist staff in staying motivated and inspired. Also Developing methods to encourage/empower staff and clients	<b>D-3: Strength Based Interventions... Robyn Legaretta-Edwards, M.A.</b> Create environments that encourage and support the success of children struggling in an inclusive or therapeutic setting.	<b>E-3: Using Positive Behavior Supports in the Community, Dan Baker, Ph.D.</b> Simple, team-driven strategies for identifying the reasons for problem behaviors and then designing interventions.	<b>F-3: Creating Community With Natural Supports and Generic Services, Kathie Snow.</b> Lessen dependence on the system while gaining citizenship, inclusion, and interdependence in the community.	<b>G-3: Understanding the New Children's Redesign, Trina Balanoff, M.S., Richelle Tierney.</b> Understand the new Redesign, its options, and how to maximize your child's budget based on family needs.	<b>H-3: Dating, Relationships and Sex, Amber Mausing</b> An open discussion about relationships and sex. Learn how to have identify unsafe behaviors and keep safe physically and emotionally.	
	<b>A. Mental Health</b>	<b>B. Supervision/Leadership</b>	<b>C. Professional/Personal Growth</b>	<b>D. Direct Support: Children</b>	<b>E. Direct Support: Teens</b>	<b>F. Direct Support: Adults</b>	<b>G. Parents</b>	<b>H. Self Advocacy</b>	<b>I. Employment</b>
<b>Session #4</b> 9:00 am - 10:15am	<b>Two-Session Presentation: A-4/A-5: Not So Basic Listening Skills, Dennis Morrow, M.A.Ed., MBA</b> Focuses on providing a simple, highly usable framework to increase the listening skills of participants. This model is also very effective in teaching, training, or coaching others regarding "not so basic" communication skills.	<b>Two-Session Presentation: B-4/B-5: Intergenerational Management, Dan Baker, Ph.D.</b> A knowledge of generational characteristics provides a good starting point in the process of individualizing management practices.	<b>Two-Session Presentation: C-4/C-5: Managing Challenging Change, Robin Rose, M.A.</b> Focuses on building individual effectiveness and maintaining collaborative teams during times of change, and moving through that change with greater ease.	<b>Two-Session Presentation: D-4/D-5: Increasing Independence in Children with Developmental Disabilities, Whitney Schexnider, M.Ed.</b> Identifies the barriers to independence and how to increase independence by breaking down skills into smaller, teachable steps.	<b>E-4: Uncovering your Sense of Self &amp; Those Around You, Rebecca Evans.</b> Techniques to help teens re-identify with the core of self and discover their values, passions and gifts.	<b>F-4: Disability is Natural, Kathie Snow.</b> Learn what happens when one deconstructs disability, uses People First Language, and focuses on people's strengths and abilities.	<b>G-4: Legal Planning for Life After 18! Char Quade, J.D.</b> A discussion, including an overview of estate planning, substitute decision making, Power of Attorney and Guardianship.	<b>H-4: Parenting with a Disability, Rachael Raidon</b> If you are a parent with a disability or thinking of starting a family, help is out there! Learn from others, get support and find resources!	<b>I-4: Advanced Selling Skills for Job Developers: Supporting Individuals with Psychiatric Disabilities, Laurie Ford.</b>
<b>Session #5</b> 10:30 am - 11:45 am <b>Lunch</b> 11:45-1:00pm (provided)					<b>E-5: Confidence, Relationships, and Music, Matthew Jordan &amp; David Brown</b> The power of music can be focused toward achieving specific outcomes such as initiating and enjoying interaction with others.	<b>F-5: Living Real Lives and Dreaming Big Dreams, Kathie Snow.</b> Services and assistance can lead to lifelong dependency and unintended, negative consequences. Learn how this can change.	<b>G-5: Brave Steps Forward: How to Make a Move No Matter What, Rebecca Evans</b> Training techniques towards the professional and personal life you envision. Gain clarity and redefine your personal and professional goals.	<b>H-5: Keys to Accessing the Power of Work, James Turner</b> Learn how to access federal work incentives, gain more choice in choosing employment goals and neutralizing the fear regarding working and benefits (SSI, SSDI, etc.).	<b>I-5: Session #2: Reasonable Accommodation in the Workplace, John Dineen.</b> Will explain the rules, offer numerous illustrations and case studies and build understanding of the legal framework provided by the ADA.
<b>LUNCHEON: "MEDICAID MATTERS IN IDAHO"</b>									
<b>Session #6</b> 1:00 pm - 2:15 pm	<b>A-6: Link Between Mental Illness &amp; Suicide, Ann Kirkwood, M.A.</b> Learn to recognize warning signs and refer for professional risk assessment and treatment to save lives.	<b>B-6: Empowered to Create Well-being! Janice Lung, EdD.</b> Exploring "Compassion Fatigue," and providing tools to combat the unhealthy stress of being called on to do so much more with so much less.	<b>C-6: Cognitive Behavioral Therapy or Why We Really Do the Silly Things We Do, Dennis Morrow, M.A.Ed., MBA.</b> Engage in an interactive/experiential learning process to understand how to use the concept of belief systems to facilitate behavioral change.	<b>D-6: Evidence-Based Practices: A Toolbox for Intervention, IDHW Staff</b> Covers where to find resources on evidence-based practices and how to choose the best therapy intervention and implement them. Designed for Habilitative Interventionists.	<b>E-6: Leading the Way: Empowered Teens Preparing for the Future, Panel of Teens</b> A panel of teens explains their struggles and successes on their journey to independence.	<b>F-6: Identity Development for People with Disabilities, Dan Baker, Ph.D.</b> Who am I? What am I to do in life? Explore central questions in the development of a unique identity, which is among the most important developmental tasks of life.	<b>G-6: Working for Change: Using the Power of a Personal Story, Angela Lindig.</b> Explore what advocacy is, why changing systems is important and how to use the power of a personal story to create change.	<b>H-6: Cooperative Advocacy, Kathie Snow.</b> Traditional advocacy sometimes leads to anger, arguments, and worse. Ensure win-win outcomes for all by learning new strategies for relationship-building, proactive partnerships and improving communication.	<b>I-6: Session #3: Doing More with Less: The Efficient Job Coach, John Dineen</b> No magic solutions or easy answers offered, but will explore some of the possibilities for stretching your support and taking advantage of available resources.

**FRIDAY, OCT. 14TH: 2:30pm - 3:30pm Closing Keynote: "Excellence Under Pressure," Robin Rose, M.A.**

• For more in-depth information on sessions and speakers, please visit our website: [www.IdahoPCHS.com](http://www.IdahoPCHS.com)